



# St. Andrew's Episcopal Church

June 2020

Dear Siblings in Christ ~

Some of you may remember that before I moved to Seattle six years ago, I served a church in the suburbs of Minneapolis. During that time, Henry and I lived in North Minneapolis in a predominantly black neighborhood that also included many immigrants from various countries. We regularly witnessed the violence that bigotry produced and know that the horrors of current events are the result of a system that rewards such hatred. This racism is an old, sinful disease in the fabric of the United States that continues to murder the spirits and bodies of those who are created in God's image. If we, as Christian people, believe in our baptismal covenant that we are to "seek and serve Christ in all persons, loving your neighbor as yourself" and we are to "strive for justice and peace among all people, and respect the dignity of every human being" then we have a mission to minister to and with those who are marginalized, those who are struggling, those who are mourning, and those who cry out for justice, repentance, and reconciliation.

Many of you have asked your clergy what you can do personally, as the St. Andrew's community, and as the larger Episcopal Church in the United States. I have gathered together resources from the Presiding Bishop, our Diocesan Bishop, and other places to aid you in your discernment. I encourage you to begin with the foundation of prayer: pray for discernment about what God is specifically calling you to do in the midst of this. Pray for those who have been killed, wounded, hurt, and those who mourn, are angry, and feel helpless. Some of the resources are prayers if you do not know what to pray, including *Kyrie: Repentance for Complicity* with music by Kester Limner and Andy Myers and text by Laura Jean Truman.

Please share our resources widely so that we all may become part of the solution in healing this fraught and broken world. May we join in our baptismal call as Christians "to bear witness to [Christ] wherever they may be; and, according to the gifts given them, to carry on Christ's work of reconciliation in the world..." (BCP, *Catechism*, 855).

Faithfully,

~Mo. Danáe Ashley, Associate Rector

## **Resources from Bishop Greg Rickel**

Our Presiding Bishop has an Op Ed in the Washington Post. His words are timely, relevant, moving. [You can read it here.](#)

Also, he preached at the Washington Cathedral on Pentecost and [you can see that here.](#)

And then, finally his statement on the unrest of the weekend. [You can read those here.](#)

Bishop Greg Rickel's blog posted last weekend [can be read here.](#)

Earlier this week, our President, decided to hold a Bible and use, without any warning, historic St. John's Episcopal Church as a background for his hateful and reckless rhetoric. [You can read the Presiding Bishop's statement here.](#)

I also urge you to [watch the Bishop of Washington, Mariann Budde](#) speaking on the use of St. John's which was set on fire Saturday night.

Pray for our country, our leaders, and be part of the solution, not the problem.

+Greg

## **Resources for Prayer and Education for Racial Reconciliation and Justice**

Kyrie—Repentance for Complicity

<https://youtu.be/pUVs7JeVerM>

Prayers for Racial Reconciliation and Justice

<https://liturgyandmusic.files.wordpress.com/2018/01/prayers-sclm-racial-reconciliation-and-justice-final1-3.pdf>

Episcopal Church Resources for Racial Reconciliation and Justice

<https://episcopalchurch.org/racial-reconciliation/resources>

75 Things White People Can Do for Racial Justice

<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>

Who I Am Listening to Now: 5 Sermons from Black Preachers this Week

<https://faithlead.luthersem.edu/who-i-am-listening-to-now-5-sermons-from-black-preachers-this-week/?fbclid=IwAR3PAzsm6cJQbk7KybkQ6VjB91-XjEH1vUFC8KuGR5ojtky6dGJTPUCCGjM>

Sick and Tired of Being Sick and Tired

[https://faithlead.luthersem.edu/sick-and-tired-of-being-sick-and-tired/?fbclid=IwAR3ULMP4o-ACG-NGbUkSy2PVishy9wUBO\\_yepYMfHZpAA0Tx90\\_yfft79mo](https://faithlead.luthersem.edu/sick-and-tired-of-being-sick-and-tired/?fbclid=IwAR3ULMP4o-ACG-NGbUkSy2PVishy9wUBO_yepYMfHZpAA0Tx90_yfft79mo)

13 Books to Read on Racial Literacy

<https://www.biracialbookworms.com/racial-literacy/>

Understanding and Dismantling Racism

<https://www.charisbooksandmore.com/understanding-and-dismantling-racism-booklist-white-readers>

The Nap Ministry

<https://thenapministry.wordpress.com/>

The Nap Ministry was founded in 2016 by [Tricia Hersey](#) and is an organization that examines the liberating power of naps. “I speak constantly about the theories and ideas that ground our work. Our work did not come out of nowhere. It is not a quick reaction, but instead a deep, slow, organic and intentional exploration into the past via my connection to working in archives and studying the micro-histories of my Ancestors on plantations in the American South during slavery. The work in the archives guided me into studying the **science of sleep, black liberation theology, womanism, somatics, reparations theory, and afro-futurism**. It came from my personal experience of being an exhausted black woman tired of white supremacy, patriarchy, and capitalism. Rest became my refuge and a portal for a connection to my Ancestors. It offered me a place to imagine, heal and be. So, when I proclaim, “Rest is Resistance” and “Rest is Reparations” it is fortified and supported by my deep study and gratitude for all ideas listed above. I am forever grateful and give honor to all my muses and teachers.”

### Resources curated from the Rev. Josephine Robertson

Resources for Christians specifically, around the Bible and race:

<https://twitter.com/WilGafney/status/1267891861961822208>

Christians, you want a black Biblical scholar to help you learn what justice looks like to God?

The Rev. Dr. Wil Gafney, buy her books: <https://twitter.com/WilGafney>

Austin Channing Brown is teaching a racial justice academy, you can enroll (and support her work): <https://acbacademy.teachable.com/>

She has an excellent book you can buy (or ask your library to order):

<http://austinchanning.com/the-book>

Bryan Stevenson works within our incredibly unjust criminal justice system which

overwhelmingly targets POC. [https://www.amazon.com/Just-Mercy-Story-Justice-Redemption/dp/081298496X/ref=sr\\_1\\_1?dchild=1&keywords=Bryan+Stevenson&qid=1591124642&sr=8-1&fbclid=IwAR0OGcEP4XCsxBikWGBE-tXhNwSewJuODtsBXbfbAtkbyLOqMAj\\_vXf8z-4](https://www.amazon.com/Just-Mercy-Story-Justice-Redemption/dp/081298496X/ref=sr_1_1?dchild=1&keywords=Bryan+Stevenson&qid=1591124642&sr=8-1&fbclid=IwAR0OGcEP4XCsxBikWGBE-tXhNwSewJuODtsBXbfbAtkbyLOqMAj_vXf8z-4)

Another excellent book to consider:

[https://www.amazon.com/Longer-Talking-White-People-About-ebook/dp/B06WWPX2YF/ref=sr\\_1\\_1?crd=1EHN9DTKUVS1T&dchild=1&keywords=why+i%27m+no+longer+talking+about+race&qid=1591124737&sprefix=why+l%27m+no+long%2Caps%2C206&sr=8-1&fbclid=IwAR1G3DfBoi6YkEQixhGJr8fHqqWmKDyl6mUEO1y5n5LIAfuDwLGglaa1Tkc](https://www.amazon.com/Longer-Talking-White-People-About-ebook/dp/B06WWPX2YF/ref=sr_1_1?crd=1EHN9DTKUVS1T&dchild=1&keywords=why+i%27m+no+longer+talking+about+race&qid=1591124737&sprefix=why+l%27m+no+long%2Caps%2C206&sr=8-1&fbclid=IwAR1G3DfBoi6YkEQixhGJr8fHqqWmKDyl6mUEO1y5n5LIAfuDwLGglaa1Tkc)

A reading list for unpacking and understanding White Privilege:

<https://www.plu.edu/faculty-resources/wp-content/uploads/sites/311/2017/12/resources-on-white-privilege.pdf?fbclid=IwAR18JEibDPyTzAiZ4CaS74U6WquRM9Uby2i4xFsIWca9kNVshy1-oMC9w>

Tools for those wanting to be good allies (learn about white privilege, racism, anti-racism, and how to educate yourself and others):

[https://www.racialequitytools.org/fundamentals/core-concepts/whiteness-and-white-privilege?fbclid=IwAR2jKyjEC9DmH7lGae35lSCBJ\\_SJ1NJ3wcmUgAXTfQr9WGI8aYtsnLyPO3M](https://www.racialequitytools.org/fundamentals/core-concepts/whiteness-and-white-privilege?fbclid=IwAR2jKyjEC9DmH7lGae35lSCBJ_SJ1NJ3wcmUgAXTfQr9WGI8aYtsnLyPO3M)

Resources from the African American History Museum to help you educate yourself:

[https://www.washingtonian.com/2020/06/01/nmaahc-african-american-history-museum-talking-about-race-web-portal/?fbclid=IwAR0x0tOAX\\_c4hp1Y-ZhVIDQv\\_Se0VaiHIsJCb81\\_b4zJRqoAsctCP3Twv9k](https://www.washingtonian.com/2020/06/01/nmaahc-african-american-history-museum-talking-about-race-web-portal/?fbclid=IwAR0x0tOAX_c4hp1Y-ZhVIDQv_Se0VaiHIsJCb81_b4zJRqoAsctCP3Twv9k)

## **Resources for Children, Youth, and Parents**

Books for children:

[31 Children's books to support conversations on race, racism and resistance: https://www.embracerace.org/resources/26-childrens-books-to-support-conversations-on-race-racism-resistance](https://www.embracerace.org/resources/26-childrens-books-to-support-conversations-on-race-racism-resistance)

The Conscious Kid: follow them on [Instagram](#) and consider signing up for their [Patreon](#)

How to talk about race, by age: <https://www.prettygooddesign.org/>

Anti-racism for Kids 101: Starting to Talk about Race:

[https://booksforlittles.com/racial-diversity/?fbclid=IwAR39vJQQyCnHfhF0m66o67GnGgR9BuWclmDQJXBQuUwzfn1-YxaZxSzM\\_l4](https://booksforlittles.com/racial-diversity/?fbclid=IwAR39vJQQyCnHfhF0m66o67GnGgR9BuWclmDQJXBQuUwzfn1-YxaZxSzM_l4)

100 Race Conscious Things You Can Say to Your Child to Advance Racial

Justice: <http://www.raceconscious.org/2016/06/100-race-conscious-things-to-say-to-your-child-to-advance-racial-justice/>

The following were curated by an educator from the Tara Academy of Irish Dance community:

Resources for parents to raise anti-racist kids:

- Books:
  - [Coretta Scott King Book Award Winners: books for children and young adults](#)
- Podcasts:
  - [Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'](#)
  - [Fare of the Free Child podcast](#)
- Articles:
  - [PBS's Teaching Your Child About Black History Month](#)
- The Conscious Kid: follow them on [Instagram](#) and consider signing up for their [Patreon](#)

Resources for education and parenting:

- [Your Kids Aren't Too Young to Talk about Race: Resource Roundup](#) by Pretty Good
- [Teaching Tolerance](#) website for educators
- [Talking to Children after Racial Incidents](#) from the Penn GSE Newsroom
- [Supporting Kids of Color in the Wake Of Racialized Violence](#) from EmbraceRace
- [Talking About Racism And Bias: Resources for Parents And Caregivers](#) from Children's Alliance
- [Talking to Kids about Racial Violence](#) by Haig Chahinian
- [How to Teach Kids to Talk About Taboo Subjects](#) by Liz Kleinrock
- [Seeing White Podcast](#) This is a helpful resource to listen to as a family or on your own.
- [Raising Anti-Racist White Children Workshop](#)
- [The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege. Confront Systemic](#)
- [Racism, and Engage in Collective Healing \(The Social Justice Handbook Series\)](#) by Anneliese A. Singh and Tim Wise