



# St. Andrew's Episcopal Church

## The Log A Bi-weekly Newsletter for St. Andrew's Episcopal Church

19 March 2020

*Physically Distancing — Spiritually Connecting ...*

### Rector's Reflections

*Rejoice in hope; be patient in affliction; be persistent in prayer.*

Romans 12: 11-12



Dear Beloveds:  
So much has happened since my last *Log* message to you. We are living amid a global pandemic. Out of love for our neighbors, our church is closed, we do not gather, and we avoid physical contact with others. Our new slogan at St. Andrew's seems to be "*Physically*

*Distancing—Spiritually Connecting*" as we do our best to curate a Virtual Church.

Please visit our Virtual Church website at <https://www.saintandrewsseattle.org/virtual-church/> because it is frequently updated with new resources for virtual worship, uplifting music, Christian education, and spiritual enrichment in this time of crisis.

We are working on updating all of your demographic and contact information so we can provide resources for you to connect with one another. You will be hearing more about this in the coming days. Please respond promptly to our request so that we can update your most current information.

We are gravely concerned about those who struggle with food, housing and financial insecurity during this time of crisis. I am just beginning to hear about layoffs and job losses among our own parishioners. Service workers, professional musicians and artists

have seen their livelihoods evaporate overnight. We have COVID-19 infections among our parishioners, and several are in danger of death.

As we are separated from each other and many are sheltering in place at home, we encourage you to consider making a gift of food or money to our charitable programs. There are food donation boxes by the Library and Parish Office doors to our church. You may leave your food donations there and staff will remove them each day. Mac McKellar will deliver this food to the our local Family Works Food Pantry.

You can also go to our website ([www.saintandrewsseattle.org](http://www.saintandrewsseattle.org)) and click on the red "Donate Now" button to make contributions to the parish, our feeding programs ("Feed the Hungry") or the clergy discretionary account ("Emergency Assistance for Those in Need"). As you

might imagine, the needs are far greater than our ability to respond to them. Your extraordinary generosity is graciously appreciated in this extraordinary time. Finally, parish pastoral staff are available to support you spiritually and emotionally as we weather this storm together. We hope that this time of physical distancing does not become a time of social isolation. Please call or text us, if we can be of support. We can also arrange to meet with you, virtually, using several platforms at our disposal. Let us know how we can help.

*continued on page 3*

The Rev. Rich Weyls	206-383-5600
The Rev. Danée Ashley	425-248-9224
The Rev. Rebecca Kirkpatrick	206-330-1689
Cherry Haisten	206-909-1736

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## Virtual Church at St. Andrew's

### *Physically Distancing — Spiritually Connecting ...*

Without a doubt, the COVID-19 outbreak, resulting closures and social distancing recommendations have brought about chaos and uncertainty. Our routines are different and we are all adjusting to a more isolated lifestyle. The staff at St. Andrew's has worked hard to create ways for you to still feel spiritually connected to our community during this difficult time. Below is a listing of various virtual services being offered that we hope will help you maintain your faith and connectedness to our community:

- **Virtual Morning Prayer on Sundays:** Fr. Rich, Mo. Danée and Director of Music, Tim Drewes will lead a service of morning prayer with musical selections. PDF link to a service bulletin will be available.
- **Virtual Taizé/Evening Prayer on Sundays:** Cherry Haisten will lead a Taizé style service with music provided by Kester Limner and Andy Myers. PDF link to a service bulletin will be available.
- **Sunday Morning Children's Chapel:** The Rev. Rebecca, Fr. Rich and Mo. Danée will offer a virtual Children's Chapel experience on Sunday morning. Various member families will be invited to offer the Prayers of the People each week.
- **Virtual Lesson especially for 4th - 7th Graders:** Megan McInnis will offer a lesson especially for children/youth in grades 4 - 7. This week's lesson is on The Temptation of Jesus.
- **High School Youth Group:** High School Youth Group will meet Virtually on Sunday evening. Sarah Sliker will notify the group by e-mail and provide a link. If your HS youth has not participated but would like to join, please e-mail Rebecca Kirkpatrick ([rebeccak@saintandrewsseattle.org](mailto:rebeccak@saintandrewsseattle.org)) to obtain the link.

### **Weekday Offerings:**

- Noon Prayers and Wednesday Evening Prayer will both be offered.

Links to any or all of the services listed above along with a PDF links to service bulletins can be found on the St. Andrew's website (<http://www.saintandrewsseattle.org/virtual-church/>).

**11:00 a.m. Sunday service at St. Mark's Cathedral:** If you like, you may also connect to a Livestream of the 11:00 a.m. Sunday service at St. Mark's Cathedral by clicking the following link: <https://saintmarks.org/worship/live-stream/>

Should you have any questions about the virtual services being offered or need anything at all, please do not hesitate to contact the church directly by phone (206.523.7476) or by e-mail at [info@saintandrewsseattle.org](mailto:info@saintandrewsseattle.org) and someone will get back to you as soon as possible. For pastoral emergencies, please contact one of our priests directly. Direct contact information for our priests can be found on page one and for all staff can be found on the last page of this publication.

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Most of all, please know that, even if we don't see you face-to-face, we are praying for you and those you love. God still loves us. God is still with us. God will sustain and deliver us from this crisis. As the late bishop, Barbara Harris said: The God behind us is much stronger than the problem in front of us! And so, it is. Amen.

Faithfully,



The Rev. Richard C. Weyls  
Rector

### **Deadline for next *Log***

The next *Log* will be published on **April 2, 2020** (E-Log only). Any articles that you might want to publish in the next issue must be submitted no later than noon, **Thursday, March 26, 2020** for publication in our the April 2nd issue. This is a hard deadline. Articles received after that time will be deferred to the next issue. All articles should be submitted to me at [margor@saintandrewsseattle.org](mailto:margor@saintandrewsseattle.org). Thank you.

Margo Rogers - Communications Specialist ([margor@saintandrewsseattle.org](mailto:margor@saintandrewsseattle.org))



*I think that you will all agree that we are living in most interesting times. (Hear, hear.) I never remember myself a time in which our history was so full, in which day by day brought us new objects of interest, and, let me say also, new objects for anxiety. (Hear, hear.)* ~ Joseph Chamberlain, from a speech in Britain (1898)

Well, we are living in most interesting times again, aren't we? March certainly came in like a lion weather-wise and with the violent impact of COVID-19. The world has changed rapidly and we are building the plane as we're flying it, so the saying goes. With loss of stability and uncertainty about the future, there is grief and anxiety. If you were unable to be at church the last time we met in person on March 8th, I preached about grief: How pain that is not transformed is transmitted and how we must tend to ourselves gently when we are in the desert of grief—we don't know how long we'll be there or what the destination is. You can listen to that sermon on our website: <https://www.saintandrewsseattle.org/podcast/a-sermon-by-the-rev-danae-m-ashley-6/>

Losing the daily routines we each have with this physical distancing and isolation brings about grief. Not knowing how long it will last can bring about anxiety. In this strange time, I want to remind you of Romans 8:38-39: "*For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.*" Nothing separates us from the love of God and the Spirit connects each one of us through prayer and love. So, I urge you to pray for one another, call each other, send emails, write a note, let your clergy know how we can support you, and continue to stay tuned on our website for virtual church and other announcements as we weather this storm of life together. In the meantime, here are some suggestions that my Washington Association of Marriage and Family Therapist (WAMFT) organization passed along to support us and help us support others:

### **Mental Health Self-Care Tips (Mental Health America and SAMHSA)**

#### **Social Isolation**

- Use your smartphone to stay connected to family and friends. Shift from texting to voice or video calling to feel more connected.. If needed, help loved ones stay connected virtually as well.

#### **Self-Care Activities**

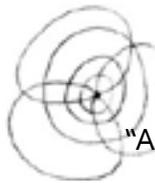
- Keep comfortable. Do the things you already enjoy doing at home; just do more of them.
- Don't do anything you'd consider to be unhealthy for you, such as excess drinking – that will just increase your anxiety afterwards.
- Practice mindfulness, try to get adequate sleep and employ relaxation techniques.
- If you're able, try to move your body (stretching, a quick jog), if you can, go outside in nature for a little bit.

#### **Anxiety Management**

- Practice stress relief whenever you feel anxiety building – do some deep breathing, exercise, read, dig in the garden, eat some ice cream – whatever works for you.
- Increase tolerance for uncertainty by gradually minimizing certainty-seeking behaviors (e.g., immediately searching for an answer on Google).
- Try to connect with your life's purpose and what gives life meaning to help manage existential anxiety.
- Limit the news you consume about coronavirus to 30 minutes a day.
- Keep looking forward. Make some plans for six months down the road.
- Educate yourself regarding the issues, diagnosis, and treatment.
- Advocate and speak out about your needs.
- Reach out for help and emotional support from your personal friends or your own therapist.

A note about that last suggestion – If you need a therapist referral, please contact me. It can be overwhelming to find a good therapist and I'm glad to help.

Be peace, be light, be love!



# Contemplative Ministries at The Center

"Almighty God, to you all hearts are open, all desires known ..."



## *The Gift of Unexpected Silence*

The silence on a weekday morning in Seattle is eerie. It's like the days after a blizzard when traffic comes to a standstill. Except, of course, you don't hear the gleeful voices of children on unscheduled holiday building snowmen and throwing snowballs. Except, of course, it's not a snow day.

At my house, behind the busy shopping stretch of 15th Avenue East, the sounds of delivery trucks and the clanks of drivers unloading flats of goods are far less frequent than usual. Fewer planes seem to be flying their usual route over our roof. Photos on national news show empty streets downtown.

The silence is eerie. We're not used to it. Yet, as my teacher, Fr. Thomas Keating, reminded us, "Silence is God's first language."

Maybe this unusual, seemingly unnatural, silence gives us the opportunity to re-acquaint ourselves with God's profound language, in fact, to get back in touch with God, who often gets crowded out of our lives by the noise of business and activity.

When we practice centering prayer or another wordless form, it's a rare benefit if that prayer time is supported by silence. Noise fills our families, our workplaces, our shopping places, and even our worship places. Our culture is generally uncomfortable with silence. It's so unusual that even in the church it rarely crosses people's minds that anyone might be sitting in a chapel or some relatively quiet corner in silent prayer. Gone are the days when children were conditioned to drop their voices to a reverent hush when entering the sacred space of the sanctuary.

Enforcing a rule of silence around us when we practice silent prayer is hardly conceivable. We shouldn't even try. In our prayer time, and maybe sometimes in our daily lives, we are "listening below the noise," in the title words of Anne D. LeClaire's book on the transformative power of silence. We are developing interior silence, letting go of the noise inside our own heads, in order to be able to hear God with the ears of our hearts. Let those who have ears hear, as Jesus said. I think he meant the ears of the heart. Hearing God may necessitate some subtle listening through the ears of the heart, some inner attuning to the delicate and gentle communications of the Spirit within us. Silence provides the language lab for that kind of listening.

When I thought we would hold our traditional quiet morning at St. Mark's last Saturday, I wrote that having that brief three-and-a-half hours for silence and prayer was a luxury. Well, the coronavirus has given us at least one gift to be thankful for—the luxury of less frantic activity, less noise, and more time to spend practicing God's first language.

As Lynn Ungar suggests in her poem "Pandemic," let's consider this a sabbath, "the most sacred of times." How cosmically appropriate that it should happen during Lent when we are called to "rend our hearts and not our garments and return to our God, for the Lord is gracious and merciful, slow to anger and abounding in steadfast love." (Joel 2:13)

Let's embrace this unexpected Lenten opportunity to rend our hearts, enter more deeply into the silence, and return to God, knowing that the Infinite Divine holds and upholds us always without ceasing, through the noise and the silence, and through every unexpected turn in our lives. God is holding us even now, inviting us to let go of all anxiety and lie back to rest in those infinitely loving arms.

With prayers for healing and health and blessings for this holy Lent.....

*Cherry Haisten*

Lay Pastor, Taizé at St. Andrew's,  
Contemplative Ministries Coordinator, The Center at St. Andrew's  
[cherryh@saintandrewsseattle.org](mailto:cherryh@saintandrewsseattle.org)

# CHILDREN & YOUTH



## A Message from The Rev. Rebecca Kirkpatrick; Priest Associate for Children, Youth and Families

I believe that We are called to be church, maybe more than ever: to connect with one another; that loneliness is very real so I ask that we check on each other through the phone, online, and by mail to make sure our neighbors and fellow parishioners are okay or even just to lift their spirits; to pray with one; to be part of each others lives even when we cannot be physically present.

Under the tab of Virtual Church (<https://www.saintandrewsseattle.org/children-and-families/>), I have placed many links for children, youth, and families. You will also find the selections listed below. These resources include articles on coping with anxiety for children and parents; daily prayers in the form of online links and podcasts, storytelling, setting a school schedule, and more.

In prayer,  
Rev. Rebecca+

- Faith@Home Family Friendly Lectionary-based Readings and Reflections (<https://www.dofaithathome.org/>)
- Making the Most of Covid-19 School Closures by NESCA (Neuropsychology & Education Services for Children & Adolescents) ([https://nescanewton.com/making-the-most-of-covid-19-school-closures/?fbclid=IwAR2sSYFYkhhzFCDLhcNNYIYmbOeL-Ga3ATIW5KVohf9M\\_Ov4Tf\\_0DnaJtrI](https://nescanewton.com/making-the-most-of-covid-19-school-closures/?fbclid=IwAR2sSYFYkhhzFCDLhcNNYIYmbOeL-Ga3ATIW5KVohf9M_Ov4Tf_0DnaJtrI))
- Parents Managing Stress in Stressful Times by NESCA (<https://nescanewton.com/managing-stress-in-stressful-times/>)
- Seattle Children's Hospital's Article on Helping Children and Teens Cope with Anxiety About COVID-19 (<https://pulse.seattlechildrens.org/helping-children-and-teens-cope-with-anxiety-covid-19/?fbclid=IwAR166PMkMNFmNjTILCID84Lg4b2711-6lO--ZP7Tr0qjxfvQQTLLUIUPf4I>)
- Building Faith's Article For Parents: Coronavirus, Anxiety, Children and the Church (<https://buildfaith.org/coronavirus-anxiety-children-and-the-church/amp/>)
- Podcast for Children and Guardians: We Wonder in Lent – Contemplative Bible Storytelling for Children (<https://rowsofsharon.com/2020/03/13/keeping-faith-at-home-with-children/?fbclid=IwAR1kvOmQw5oB-b1oHefCMoGZ4EIHDI7oBwoYue9BRR0l-CdvYpboU2AuI9RY>)
- Book Recommendation During Pandemic to Purchase or Watch Video: The Trees of the Dancing Goats by Patricia Polacco (<https://www.youtube.com/watch?v=SCiubwvIbGo>)
- Tucked In: Bedtime Stories and Prayers for Episcopalians and others (<https://www.facebook.com/episcopal-tucked-in/>)
- Older Children/Youth: The Bible Project Video Series (<https://bibleproject.com/#watch>)

### Middle School and High School Youth Group Meetings

Youth Group will be meeting virtually, please see the Virtual Church Page on the St. Andrew's web page (<http://www.saintandrewsseattle.org>) or page 2 of this publication.

### Upcoming Virtual Youth Group meetings:

Middle School Youth Group  
March 29, 2020

High School Youth Group  
March 22, 2020



### More Mardi Gras Thank You's!

It is inevitable that with so many volunteers, you're bound to miss someone. In addition to everyone recognized in the March 3, 2020 Log, the St. Andrew's Youth Group and leadership would also like to thank new member, Sue Ellis for serving as one of the chefs for the event.

Again, a HUGE thank you to all who came to support our youth. It was a fantastic night and we netted ~\$4500.00 because of you.



### Parish Camp is Back

March 28-29 • Camp Huston (Gold Bar, WA)

It's time again for St. Andrew's annual parish camp! It may well be cold and wet, but that hasn't dampened the fun in the past! We'll sleep in heated cabins with indoor plumbing, and our gathering space has a cozy fireplace.

This is a fun overnight for all parishioners - families, singles, couples, young and old. (Sorry, though: no dogs!) Crafts, board games, labyrinth walk, exploring the riverbank, s'mores, enjoying the trails and woods, food, campfire songs, casual worship service, R&R. Consider arriving early or staying late to hike to Wallace Falls!

The cost for camp is \$50.00/adult, \$20.00 for kids (12 and under) and tent campers. Day-trippers are welcome (\$25.00). The fee for camp covers lodging and food (Saturday night dinner, breakfast and lunch on Sunday)\*. Some private rooms may be available - reserve with Camp Huston directly if you would like to arrange for one.

The deadline for registration is Sunday, March 22. Click [here](#) for a registration form or pick one up at the church. For questions or more information, contact Margaret Cassady at [margaretcassady@hotmail.com](mailto:margaretcassady@hotmail.com).

See You at Camp!

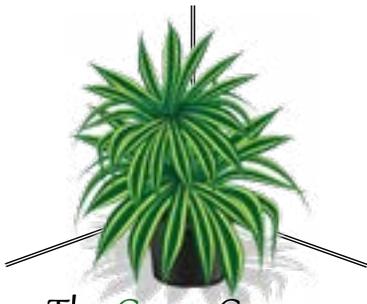
### Parish Camp Postponed until October 2020

Due to the ongoing COVID-19 crisis, Parish Camp has been postponed until October. Updated information regarding this event will be provided later in the summer.



Save the Date and Mark Your Calendars  
Vacation Bible Camp  
July 20 - 24, 2020

More information coming soon!



## The Green Corner

A Column written by  
St. Andrew's Creation Keepers  
[creationkeepers@  
saintandrewsseattle.org](mailto:creationkeepers@saintandrewsseattle.org)

*"Thus the heavens and the earth were finished, and all their multitude."*

Genesis 2.1-3

Multitudes. Uncountable. Even today we have no real idea how many species share the planet with us, let alone how many more may be on planets spread throughout the far reaches of the universe. Scientists' best estimate of life of earth is 8.7 billion distinct species. Not counting bacteria or microbes which would add hundreds of millions more. We've catalogued less than 25 percent of those. All you can say is Wow. Or maybe Why?

Honestly, if I were creating life in the universe, I'd stop at a manageable number. I get stressed out trying to keep track of too many things at once. When I'm at the store, I secretly wish there were just one type of shampoo and one brand of ketchup so I wouldn't need to spend time reading the ingredients and trying to decide. A little variety is good, but let's not go overboard.

A quick look around tells me that God doesn't have my limitations. The earth is home to creatures of every size and shape; flowers in a myriad of colors; thousands of species of fish, birds, and even moss.

And God looks at billions and billions and says, "That's good."

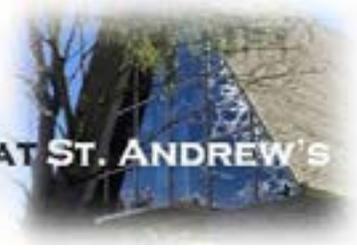
God invites us to let go of our limitations and explore and embrace the immensity of the universe around us. Learn the names of the wildflowers in the nearby meadows. Identify the birds that sing to you in the morning. Make a list of the different kinds of butterflies that visit your garden. If you have children or grandchildren, teach them, too.

We'll never know it all. But the more we interact with and learn about God's creation, the more our souls are lost in worship and praise of our Creator.

Try this: Start a list of the plants and animals you see near your home.

From *Praying with Creation: Meditations for a time of climate change*, by Christine Dubois, a member of St. Andrew's Creation Keepers. Available as an e-book on Amazon at [https://www.amazon.com/Christine-Dubois/e/B084LYV3CW/ref=dp\\_byline\\_cont\\_ebooks\\_1](https://www.amazon.com/Christine-Dubois/e/B084LYV3CW/ref=dp_byline_cont_ebooks_1)

MAKE A DIFFERENCE • GET INVOLVED AT ST. ANDREW'S



### Family Works Food Bank: A Faith Reflection by Jennifer Rogers

I volunteer every Tuesday at the Family Works food bank, which we, as a parish, have supported for many years. The food bank serves the greater Greenlake/University District area. We service about 100 families each Tuesday when I am there during a two hour service window! Over the course of the week, we service several hundred families, in addition to supporting a couple of smaller food banks within the same area. My Tuesdays at the food bank have come to be the best day of the week for me — I love it. I have fun, the community I work with are awesome, and the people we serve are so kind. I am not curing cancer or making the world safe for democracy, but I do feel like I am living my faith and breaking down my own prejudices and pre-conceived notions every day.

Who we serve was a total eye opener for me. These really are our neighbors; people I even run into at the market or walking Greenlake. Every day through the line I see people that could be my parents, and even myself. I see working professionals who are struggling to pay their mortgage, and the food bank keeps them going. I see our elders living on social security and the food bank ensures that they get, not just needed staples, but a treat like coffee or maybe a day old box of donuts. I watch college students hike over from the University who are living five or six to a house, and use the food bank to ensure that they have nutritious food to fuel their studies. Yes, I even see those homeless who seem to be on the losing end of the struggle – we make sure that they get food too. At St. Andrew's we use to talk at St. Andrews about how "*all are welcome at the table.*" The Family Works food bank lives out that mission every day.

*NOTHING* is wasted! When I am there we pick up food from Safeway, Central Market, PCC, QFC and Fred Meyer and then go to work rescuing what food we can and composting anything that is spoiled. This means we open boxes of strawberries and toss out the spoiled ones, and make up full quarts for our customers. We sort through mixed boxes that may include potatoes, oranges, wilted kale, salad bags about to expire and day old cakes and deli items that are going to pass their expiration date within 24 hours. We sort cases of apples or carrots or mushrooms to bag up enough food to help a family make it week to week. Grand Central Bakery gives us their day-old breads. We also get donations from Northwest Harvest, the federal government and local food drives. PCC is amazingly generous with deli items. Costco and Starbucks have made me into a big fan as I see their weekly donations help our community.

The most important donations that come in, however, are from regular groups like St. Andrews. It's the individuals and small groups that keep our shelves stocked and enable us to help stretch social security checks, and low wage paychecks for our neighbors. Donations are big in October, November and December, but the need is year round. So when you go to the grocery store next, can you add a few items and bring them to church with you? Can you host a dinner party and ask everyone to bring something for the food bank instead of something to add to the table? When you think about your family giving, can you include the food bank, either with a donation of food, money or even time? Listed below are a few things that the food bank always need:

- |  |  |
|--|--|
| Cooking Oil                                | Tea – this is always asked for and we never have |
| Canned Chili or hearty soups               | enough to give out                               |
| Canned Tuna, Chicken or Sardines           | Cookies or Crackers or Granola Bars              |
| Pudding Cups or Canned fruit or Applesauce | Bottled fruit juice                              |
| Peanut Butter                              |  |

*Thank you!*

## Prayers

Ruth Adams	Sven Couch	Peter Hudson	Diana Santry
Rich Atter	Rosa Ebsary	Jo Anna Klein <sup>^</sup>	Glenn Sassaman
Donna Austin	Gerry Egner	Shirl Klein	Margo Smith
Milton Austin	Bethany Erickson	Marilyn L'Esperance	Gerry Soike
Mark Blindheim	Dick Ericksosn	Judy Madison	Kim Spadafora
Patricia Bryant	Chuck Foisie	Sherry Morgan	Tucker Sparkman
Tove Colfelt	Jay Groh	Mike Rizzotti	Orv Strandoo
Bernie Couch	Todd Grove	Rhys Riddell	Jan Viguers

<sup>^</sup>Mother of Joel Nichols

We pray also for all people discerning God's will in their lives. We especially remember Mark Blindheim, Carrie Littauer and Karla Koon who are discerning possible vocations in the priesthood.

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*O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit now and forever. Amen.*

## St. Andrew's Vestry and Staff

### ST. ANDREW'S VESTRY (2020-2021)

Brad Daley (Sr. Warden)	Mike Cook	Mary Katka
Theresa Burciaga (Jr. Warden)	Ken Feldman	Jaya Matthew
Cara Kirkpatrick (Clerk)*	Lavena Fletcher	Liz Santiago
Rich Weyls (Rector)*	Jim Hawkins	Martha Swain
	Chris Jones	Joe Waltz

\*Non-voting member

### ST. ANDREW'S STAFF

All Members are Ministers

The Rev. Richard Weyls, Rector ([richw@saintandrewsseattle.org](mailto:richw@saintandrewsseattle.org))

The Rev. Danae Ashley, Associate Rector ([danaea@saintandrewsseattle.org](mailto:danaea@saintandrewsseattle.org))

The Rev. Rebecca Kirkpatrick, Priest Associate for Children and Families  
([rebeccak@saintandrewsseattle.org](mailto:rebeccak@saintandrewsseattle.org))

The Rev. Connie Carlson, Priest Associate ([conniec@saintandrewsseattle.org](mailto:conniec@saintandrewsseattle.org))

Cherry Haisten, Coordinator for Contemplative Ministries and Lay Pastor for Taizé at  
St. Andrew's ([cherryh@saintandrewsseattle.org](mailto:cherryh@saintandrewsseattle.org))

Tim Drewes, Director of Music ([timd@saintandrewsseattle.org](mailto:timd@saintandrewsseattle.org))

Natalie Ingrisano, Parish Administrator ([nataliei@saintandrewsseattle.org](mailto:nataliei@saintandrewsseattle.org))

Margo Rogers, Communications Specialist ([margor@saintandrewsseattle.org](mailto:margor@saintandrewsseattle.org))

Kevin Deffinbaugh, Bookkeeper ([finance@saintandrewsseattle.org](mailto:finance@saintandrewsseattle.org))

Office Hours:	10:00 a.m. – 5:00 p.m., Monday-Thursday
Church Phone:	206-523-7476
Church e-mail:	<a href="mailto:info@saintandrewsseattle.org">info@saintandrewsseattle.org</a>
Church web-site:	<a href="http://saintandrewsseattle.org">saintandrewsseattle.org</a>